



WELCOME, FRIEND

FCS Summer Camp Weekly Newsletter



From the Desk of the Director

As a Maryland Association for Environmental and Outdoor Education (MAEOE) Certified Green School, we place a great emphasis on educating our children on how to take care of the planet and community. To achieve this goal, we emphasize the Quaker value of Stewardship in taking care of our planet to include methods to reduce our consumption, reuse the materials that we already have, and properly recycle what we do end up using.

In May, we asked FCS families to donate reusable materials for use at our summer camps, and while some camps have already dipped into this supply for their activities, the Goin' Green: Trash to Treasures camp epitomized this value with creating breathtaking works of art to building mini compost bins. We are proud to help raise active caretakers of our planet, and encourage families to do the same at home.

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THIS WEEK'S PHOTO GALLERY

Produced by Danielle Probst

04A1 - Out of this World

Led By: Sydney Harrington

Assisted by: Lindsay Bearden

During this session, we ventured to outer space and examined extraterrestrial life.

Before blasting off into the exosphere, we got to make rockets and decorate them so everyone would know who we were. Once we got out of Earth's orbit, we had to equip ourselves with astronaut gear so we could learn about stars and planets.

On the last day of our excursion, we got into contact with ALIENS! We played space bingo together and made peace with them.



04B1 - Sport of the Day

Led By: Courtney Hughes

Assisted by: Mark Evans

To get moving this summer, we became athletes each day to explore different sports. We learned lots about basic game-play, rules, and, most importantly, how to be a team player.

Some of the sports we played included soccer, basketball, and volleyball. However, before playing each sport, we prioritized warming up and stretching.

We also made sure to drink plenty of water to stay hydrated in the heat!



04B2 - Let's Travel: Our World

Led By: Johari Frazier

Assisted by: Jessica Anderson

This week, we traveled the seven continents and leapt from country to country to learn about different traditions and cultures around the globe.

We sailed upon boats, road in cars, trains, buses, and flew on planes, to go around the world. In each destination, we visited popular tourist attractions, learned regional games, and discovered new music and instruments.

We also discussed activities that kids do in other countries and how their cultures might be different or similar to ones we have at home. We loved it!



04C1 - Goin' Green: Trash to Treasure

Led By: Sandra Haw

Assisted by: Lauren Hill & CIT Idris M.

Exercising our green thumb, we explored the great outdoors to learn about preserving our beautiful planet.

Using our knowledge in reducing, reusing, and recycling, we were able to make our own compost. We also created lots of art using discarded objects like recycled plastic and paper towel rolls to make colorful sculptures.



04C2 - Filmmaking for Beginners

Led By: Jennie Claiborne

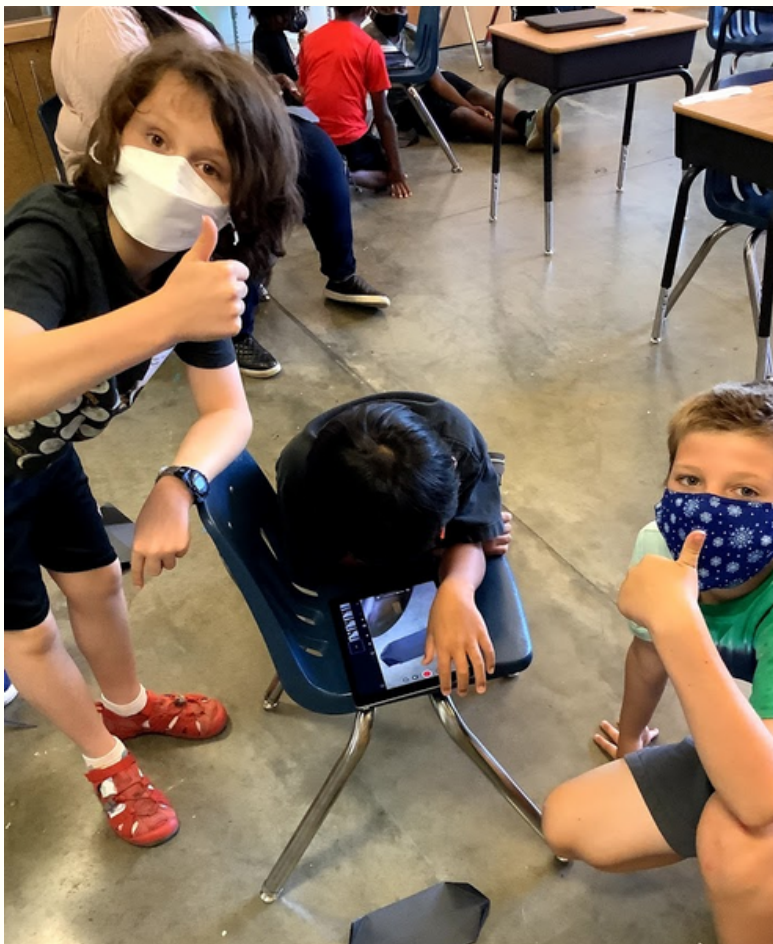
Assisted by: Nicholas Lugo & CIT Reese L.

Entering the creative world of moving pictures, we became familiar with the necessary equipment, explored editing software, such as WeVideo, and told stories through pictures.

We learned the basics of photography so we could do experiment with stop-motion animation. Some production teams focused on themes, while one group really went wild and made 10 short films!

On Friday we held our own film festival where we watched everyone's movies.

[Check some of them out here!](#)



04D2 - Coding & Strategy Games

Proctored By: Taylor Washington

This week in Coding & Strategy Games, campers attended a coding class via Zoom with a coding professional to learn how to create a mobile app game of their own design.

When we weren't busy coding, we did a variety of new activities that catered to our interests. We did all kinds of things like making slime and folding origami. We also played some intense sessions of Othello and Guess Who?





04F1 - Counselors in Training

Led By: Van Nguyen & Danielle Probst Rich

Ever wonder what the CITs do when not helping out in various camps?

Each week, Van introduces the CIT's to the camp experience by outlining the expectations using the same materials and guides that the official staff uses. One of the biggest benefits is that the program is a safety net for learning new skills on the job!

They also talked about resume basics and help the CITs fill out a resume builder to start piecing together any experiences we might have done and technical skills that we've accomplished into a resume format. Additionally, we looked at different resume structures and the most important information needed on our resumes.

Finally, Danielle and the CIT's took a deeper dive into resumes and interviews. We examined resumes and job descriptions in their many forms. This exercise helped us discern how to think about the stories resumes our tell potential employers. We also looked at job listings to explore typical job duties and what the expectations of the employer might be. We then conducted mock interviews with each other to practice what we learned.



Make sure you stop by our showcase window to see some of what campers have created over the weeks!

Try this @Home!



Make Me an Astronaut!

Start with a picture of an astronaut, you can draw it or print it out. Decorate the space suit with anything you have on hand: markers, crayons, glitter glue, etc., but make sure you leave the visor clear! Once your spacesuit is decorated and dried, choose your favorite picture of your face, cut it to match the visor shape, and tape or glue it to your spacesuit- that's it!

Bonus: Try turning yourself into an alien in a UFO, the cow jumping over the moon, or any other extraterrestrial being you can imagine. Will it be friends with your astronaut? Share the story with family and friends!

At Home Olympics

As you're sitting at home watching the Summer 2021 Olympics, think of how fun it'd be to have your own at home!

All you would need is a clear space, balls, cones, water, and tons of energy. If you want to include a medal ceremony, use some tin foil, string, and markers to create a first, second, and third medal.

Activities like relay races, dodgeball, balloon pop, or a bike race would be great to include in your Olympic Games. Including your family and friends would make it even more fun, you could even win a medal!



Try this @Home!



Map it Out!

Maps help us understand and know how to get where we're going. We are usually familiar with using maps as a way to help us navigate different places.

A great example of a map is one that represents your community or even your home. With your child, create a map that represents your house or neighborhood. Be sure to include labels and descriptive illustrations depending on what you choose to represent.

Happy navigating!

DIY Compost

Composting is a great way to reduce food waste. Here's how to make your own!

Use a small sandwich bag with a zipper top and add in your food items. These items could include vegetables and egg cartons. You'd want your compost to be about 60% egg carton and 40% food waste. Chop everything super small to speed up the process; with a parent's help of course.

Zip the top and put in a small straw for air. Then, add about two tablespoons of water to make everything soft.

Finally, mush the mixture a little bit every day and add water when needed. Remember to be patient. In a few weeks you'll have gorgeous, rich compost!



Try this @Home!



Stop Motion Dinner

Want to make a super cool video?

All the materials you need are a cell phone or tablet to take pictures, some props, and actors. Using software, like the *Stop Motion Pro App*, you can put clips together to create a stop motion animated movie.

Snap photos as your parent chops vegetables. Or, you can snap photos before, during, and after your meal. Then, play it back to watch your food disappear!

Once you have completed your movie, why not share it with friends and family?

Game Theory

Every game has a set of rules, but did you know that you can use game theory to test those rules and predict or direct the results? Game theory is used by game designers to create excitement and direct the players moves.

An example of this is the Prisoner's Dilemma which is featured in nearly every TV cop show where two suspects are questioned by the police. Both prisoners are offered the same deal. Now each has to make a choice to either cooperate with the police or rat out the other. A limited number of outcomes are possible.

Using game theory you can experiment by considering the variables as to which prisoner will betray the other.

Check out this [2-minute video](#) which explains the Prisoner's Dilemma in more depth.



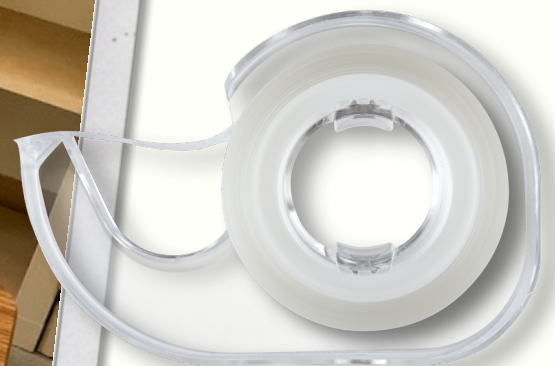


Nurse Lauren has been helping us
with injuries large and small!

Jambol

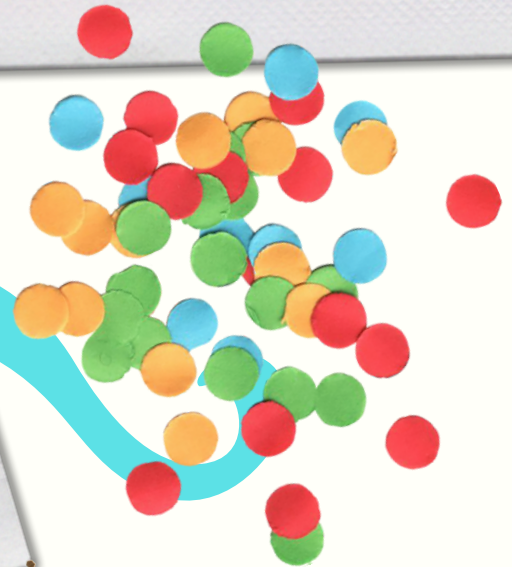
Additional thanks to:

Magdalena Duhagon (Office Manager)
Sheldon Henry (Director of Technology)
Dan Miller (Facilities Manager)
Irma Guillén (Daytime Custodian)
Lauren Mines (School Nurse)



JULY 6-9, 2021

SESSION 04



Our Support Staff this week:

Nyila Johnson
Jazlyn Olivera
Han Pham
Crystal Robinson
Camille Samuels



[Click here for a video slideshow!](#)



See you next week!

05A1 - Dino Fun

05B1 - Bug-eyed Fun

05B2 - Elephant & Piggie

05C1 - Agility Adventures

05C2 - Sewing & Fiber Arts

05D2 - 3D Printing & Design

05DV - SSAT Prep: Math I